## **GMRC Helpline Training 2024**

Location: 73 Ardwick Green North, Ardwick, Manchester, M12 6FX.

**Trainers**: Dr Kelly Savery, Cheryl Fairbairn, & Ulrike Meister.

Guest Speakers: Anne Stebbings, Eve Hooper, Lucy Hallworth, Fiona Harradine,

Theres Fickl, & Clare Smith.

## Timetable & content of training sessions:

| Session   | Date                                   | Time           | Content                                      |
|-----------|--|----------------|--|
| Session 1 | Thursday<br>September 5 <sup>th</sup>  | 6:00 – 9:00pm  | Introduction to GMRC.                        |
|           |  |                | Listening Skills                             |
| Session 2 | Saturday<br>September 14 <sup>th</sup> | 10:00 - 4:00pm | Understanding of Sexual Violence.            |
| Session 3 | Thursday<br>September 19 <sup>th</sup> | 6:00 – 9:00pm  | The Law Police & Reporting SARC ISVA Service |
| Session 4 | Thursday<br>September 26 <sup>th</sup> | 6:00 - 9:00pm  | working with Distressed Callers.             |
| Session 5 | Saturday                               |                | Organised Abuse                              |
| Session 5 | October 5 <sup>th</sup>                | 10:00 - 4:00pm | Soul Eating<br>Emotions - Shame              |
| Session 6 | Thursday<br>October 10 <sup>th</sup>   | 6:00 - 9:00pm  | Dissociative<br>Processes                    |
| Session 7 | Saturday<br>October 19 <sup>th</sup>   | 10:00 - 4:00pm | Working with Diversity                       |
|           |  |                | Q & A.<br>The Next Step.                     |

For more information go to <a href="www.manchesterrapecrisis.co.uk">www.manchesterrapecrisis.co.uk</a> Alternatively contact Anna on: 0161 273 4591.

Or email anna@manchesterrapecrisis.co.uk