If you want to know more about our service for students you can :

# Phone us on

0161 2734591 (General Enquiries)

0161 2734500 (Helpline)

Email us at <a href="mailto:studentservice@manchesterrapecrisis.co.uk">studentservice@manchesterrapecrisis.co.uk</a>

Women using the student service have said

It has been a wonderful and empowering experience. Thank you I have learned a lot about myself and come to accept what happened to me. I feel like I can deal with it and stop blaming myself

I felt safe. I was listened to and not judged My counsellor was amazing. I couldn't have asked for a

more lovely and understanding person Greater Manchester Rape

# Crisis

Rape and Sexual Abuse Support Centre

**Student Service Information** 



#### WHO WE ARE:

The University of Manchester's **Student Union** in partnership with **Greater Manchester Rape Crisis** created this service to provide specialist support for students.

### WHAT WE DO:

We provide free confidential counselling, support, information and advocacy to women **student** survivors of sexual violence. This may be childhood sexual abuse, rape as an adult, sexual assault, sexual harassment at work or on campus, and a range of other issues - Whenever it happened, whatever the circumstances, we will give you the support you need.

While we focus on the needs of women, we fully acknowledge that men also experience rape and sexual violence and that the impacts on their lives can be similarly devastating and long-lasting. If a man contacts the MRC Student Service, he will be signposted towards an appropriate service

## **OUR ETHOS**

- We fundamentally believe that individuals can heal from experiences of sexual violence.
- We support the decisions that survivors make which affect their lives.
- We are committed to doing the best we can to support survivors on their healing journey.
- We aim to be responsive to our client's needs, risks and their cultural and social backgrounds.
- We work in a creative and sensitive manner to reduce the isolation and increase the selfesteem of those we support.
- We believe that all people, regardless of gender or sexual orientation, have rights that need to be respected and provide an inclusive service to LGBT individuals